X3 SMITH MACHINE ATTACHMENT

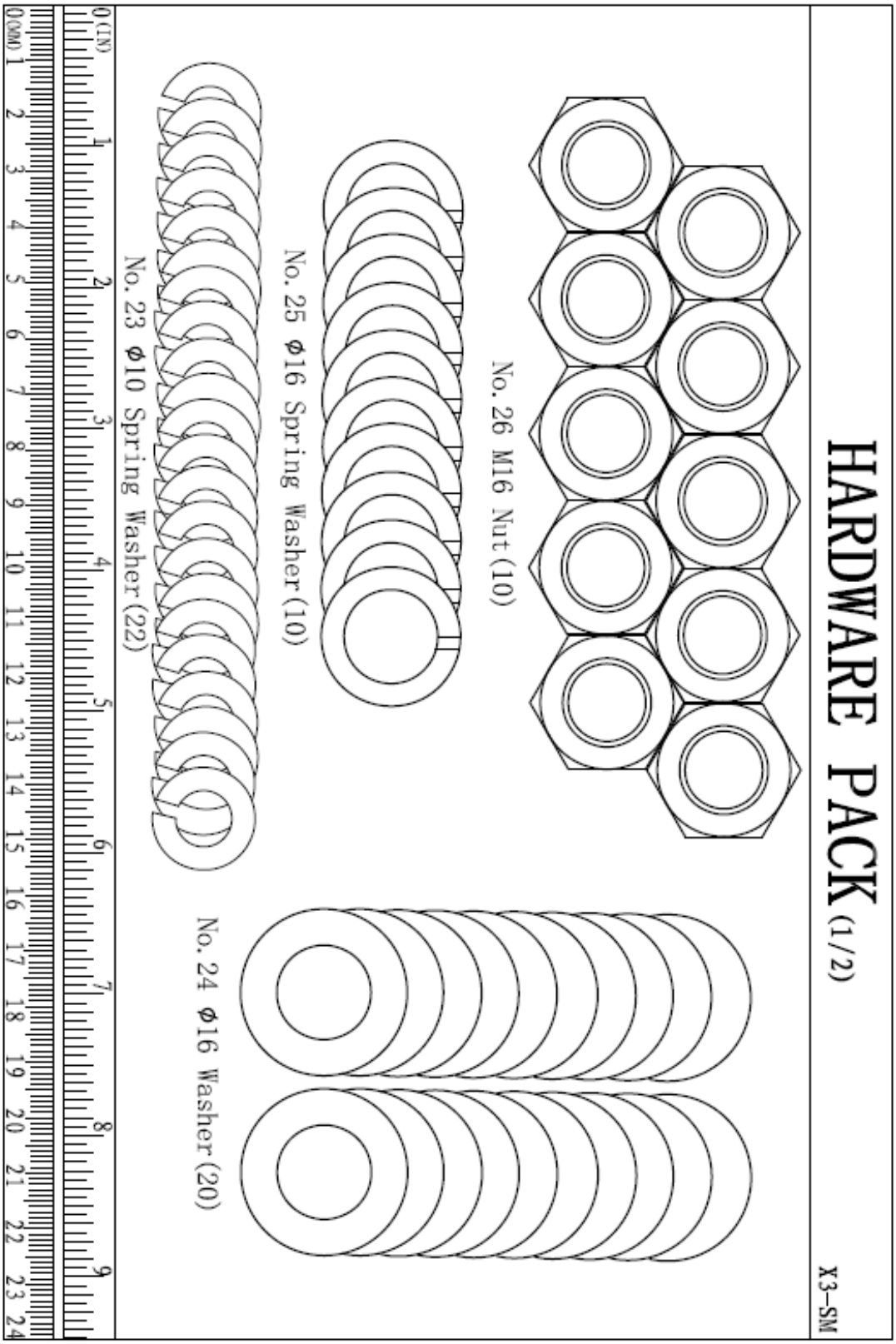
401987 - X3SMITH80, 401988 - X3SMITH90

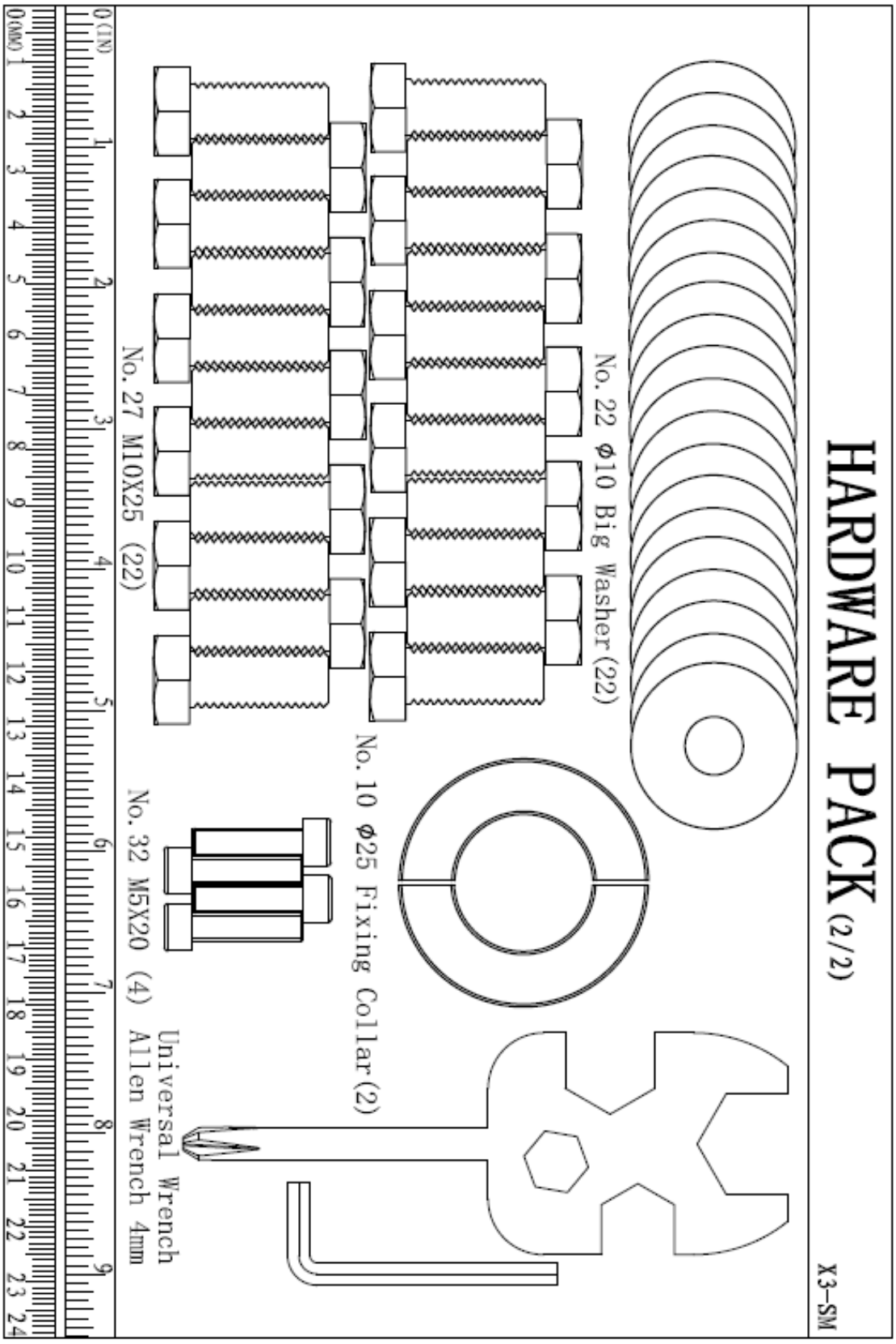


TITAN FITNESS®

Operator's Manual

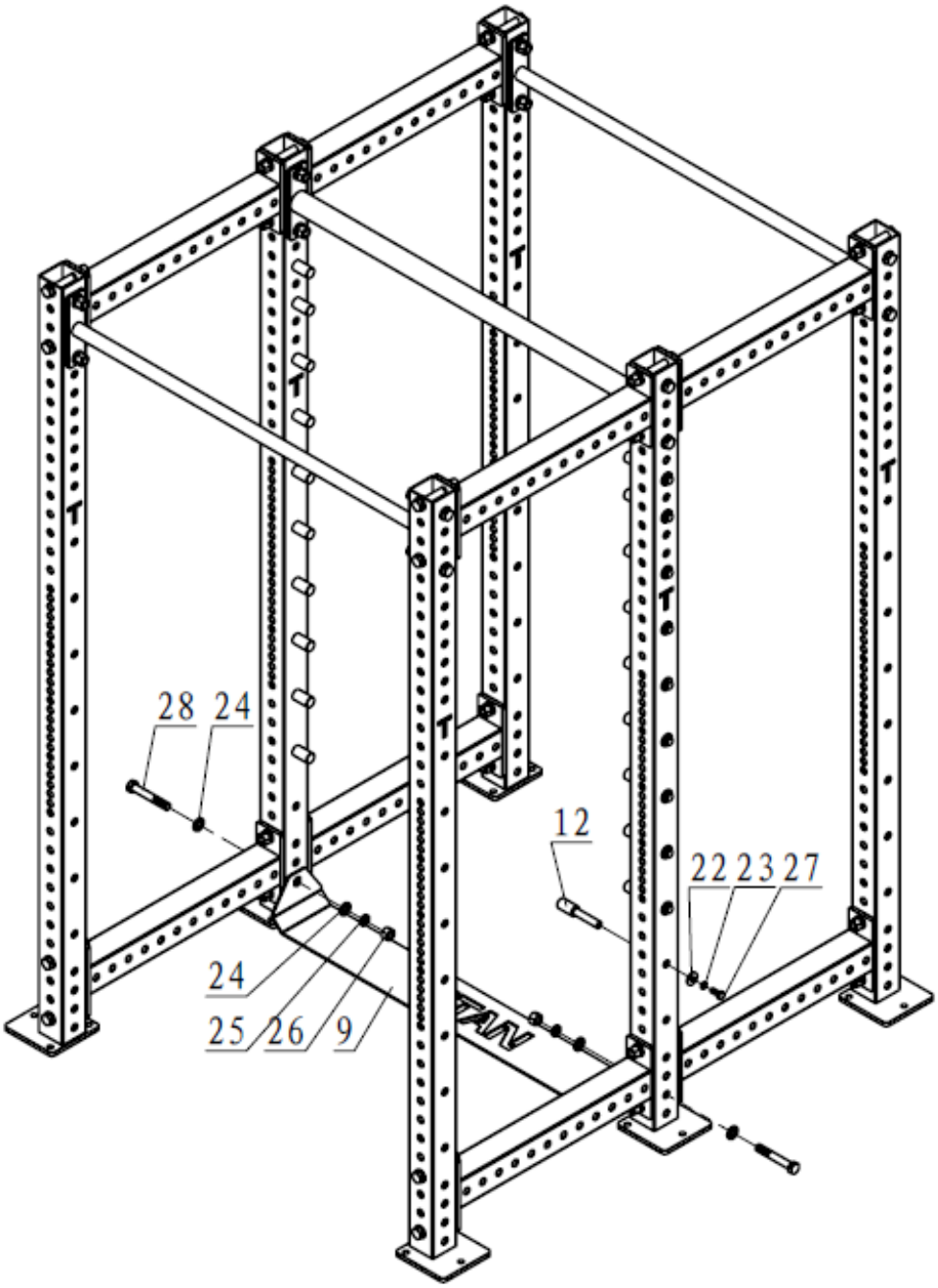
Read the Operator's Manual entirely. When you see this symbol, the subsequent instructions and warnings are serious follow without exception. Your life and the lives of others depend on it!


HARDWARE PACK (1/2)
X3-SM
No. 26 M16 Nut (10)
No. 25 φ16 Spring Washer (10)
No. 24 φ16 Washer (20)
No. 23 φ10 Spring Washer (22)


HARDWARE PACK (2/2)
X3-SM
No. 22 φ10 Big Washer (22)
No. 10 φ25 Fixing Collar (2)
No. 27 M10X25 (22)
No. 32 M5X20 (4)
Universal Wrench
Allen Wrench 4mm

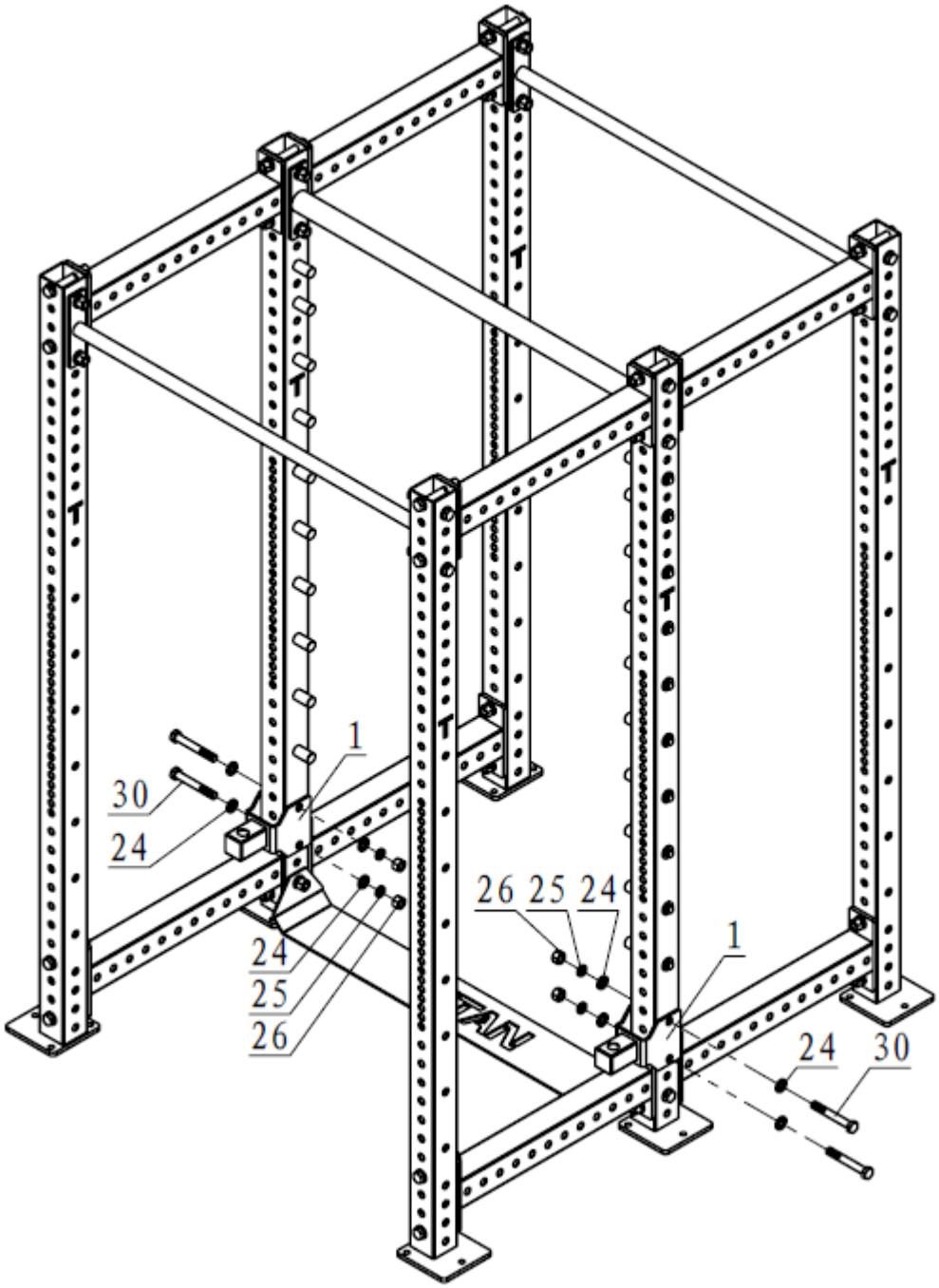
Step 1

1. Assemble the Connection Plate (9) on the racks by using Flat Washer (24), Spring Washer (25), Flat Nut (26) and Hex Bolt (28).
2. Assemble the Safety Pin (12) on the racks by using Flat Washer (22), Spring Washer (23) and Hex Bolt (27).



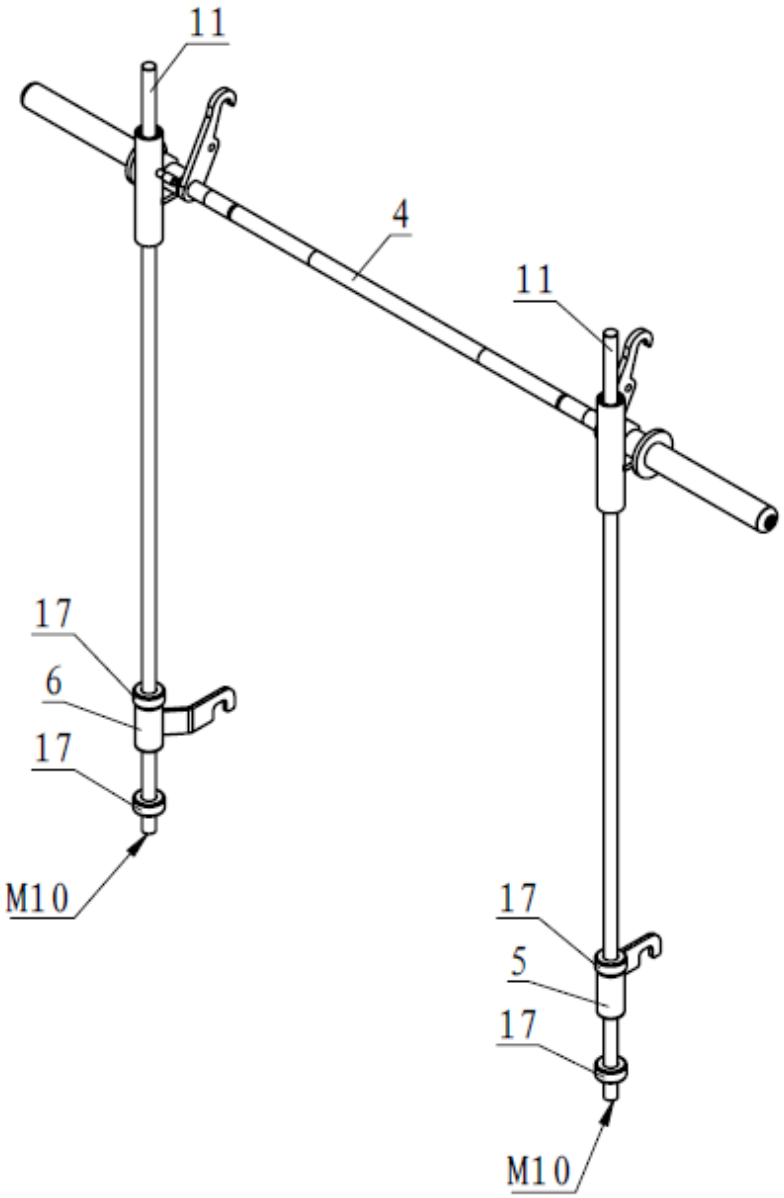
Step 2

Assemble the Guide Rod Bracket (1) on the racks by using Flat Washer (24), Spring Washer (25), Flat Nut (26) and Hex Bolt (30).



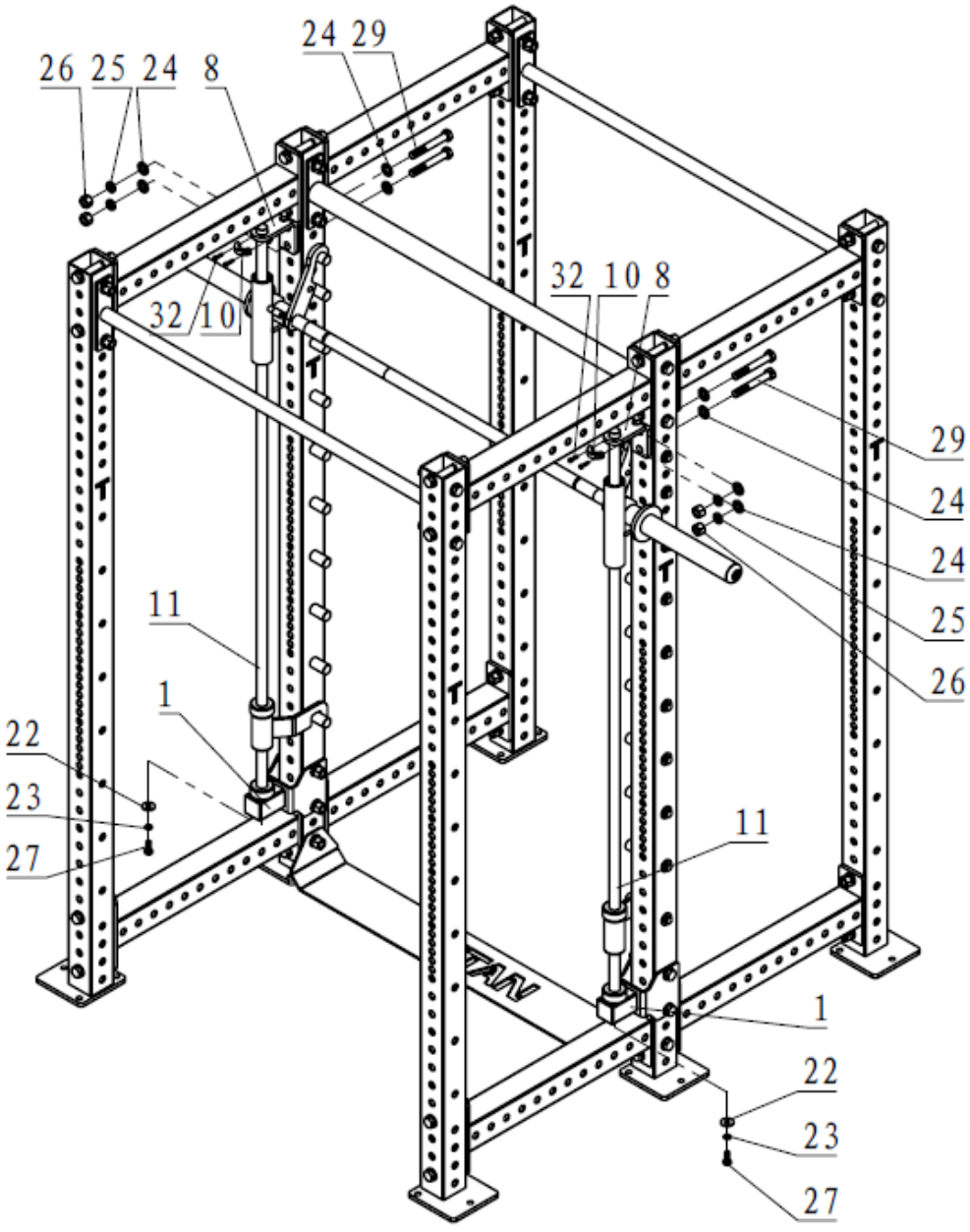
Step 3

Insert Barbell Plate (4), Right Safety Hook (5), Left Safety Hook (6) and Large Cushion (17) into the guide rod. (Pay attention to the direction of the M10 thread hole on the guide rod).

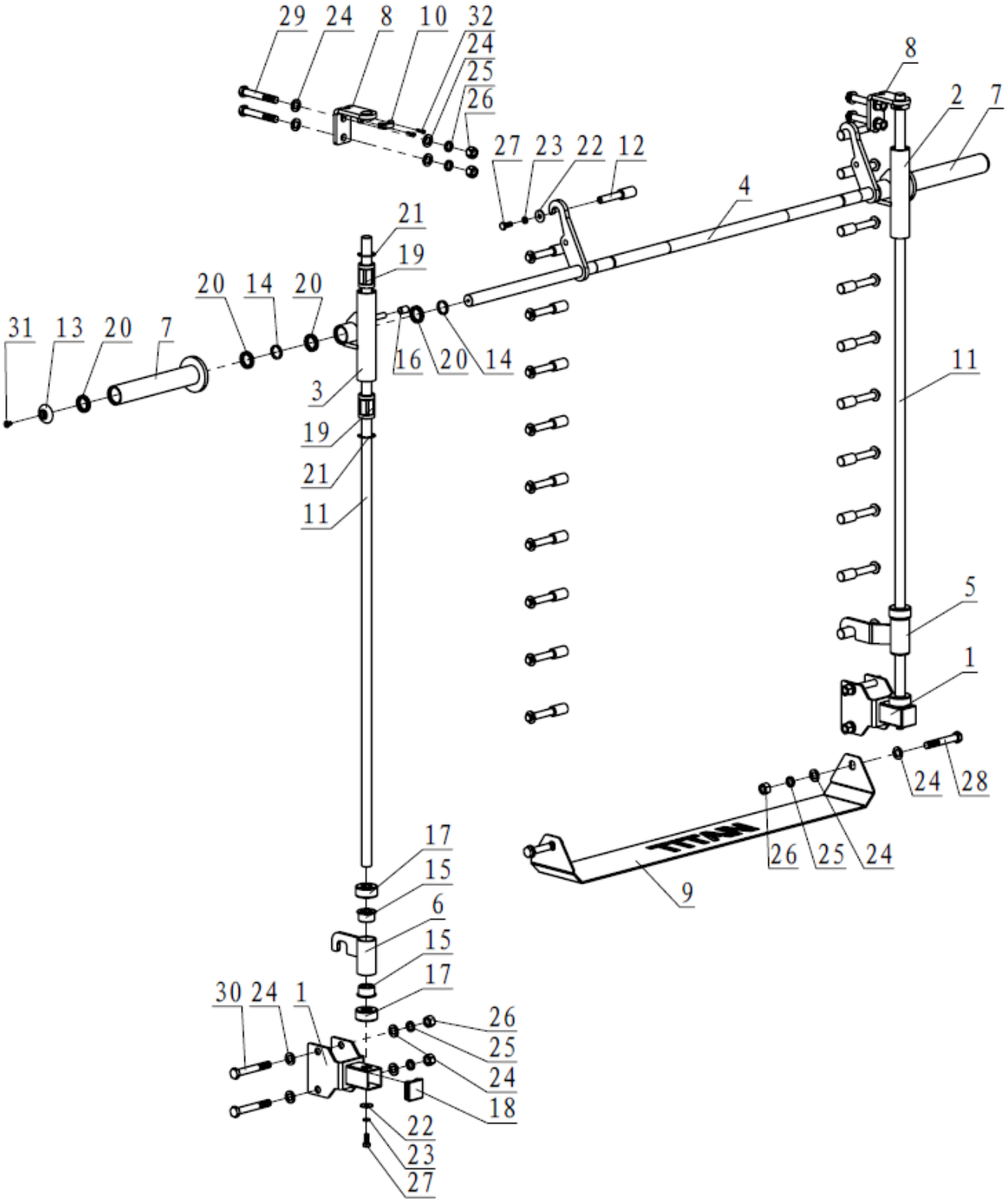


Step 4

1. After installing the assembly in Step 3 into the hole of the Guide Rod Bracket (1), fix it with Flat Washer (22), Spring Washer (23) and Hex bolt (27).
2. Insert two Guide Rod (11) into the hole of Upper Fixed Frame (8), then assemble Upper Fixed Frame (8) and Guide Rod (11) on the racks by using Flat Washer (24), Spring Washer (25), Hex bolt (26) and Hex Bolt (29).
3. Assemble the Upper Fixed Frame (8) and Guide Rod (11) by using Hex Socket Bolt (32) and Φ25 Axis Separation Ring (10).
4. Note: Please tighten the bolts here!



PARTS DIAGRAM / EXPLODED VIEW



KEY	BOX	DESCRIPTION	QTY
(1)	1	GUIDE ROD BRACKET	2
(2)	1	RIGHT SLIDING FRAME	1
(3)	1	LEFT SLIDING FRAME	1
(4)	1	BARBELL PLATE	1
(5)	1	RIGHT SAFETY HOOK	1
(6)	1	LEFT SAFETY HOOK	1
(7)	1	BARBELL ASSEMBLY WELDING	2
(8)	1	UPPER FIXED FRAME	2
(9)	1	CONNECTION PLATE	1
(10)	1	Φ25 AXIS SEPARATION RING	2
(11)	1	GUIDE ROD Φ25*1640*M10	2
(12)	1	SAFETY PIN Φ25*119*M10	20
(13)	1	DECORATIVE COVER Φ48-Φ30	2
(14)	1	WASHER Φ34*Φ30.2*5	4
(15)	2	BUSHING Φ48*Φ25.5*25	4
(16)	2	RUBBER CAP Φ16*Φ12*26	1

KEY	BOX	DESCRIPTION	QTY
(17)	1	LARGE CUSHION Φ55*Φ25*25	4
(18)	1	END CAP F50*3	2
(19)	1	LINEAR BEARING	4
(20)	1	BEARING 61806ZZ	8
(21)	1	CIRCLIPS Φ40	4
(22)	1	FLAT WASHER Φ10.5*Φ30*2.5	22
(23)	1	SPRING WASHER Φ10	22
(24)	1	FLAT WASHER Φ17*Φ30*3	20
(25)	1	SPRING WASHER Φ16	10
(26)	1	FLAT NUT M16	10
(27)	1	HEX BOLT M10*25	22
(28)	1	HEX BOLT M16*105	2
(29)	1	HEX BOLT M16*110	4
(30)	2	HEX BOLT M16*115	4
(31)	2	HEX SOCKET SCREW M8*15	2
(32)	2	HEX SOCKET SCREW M5*20	4

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

The use of any equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

WARNING



Heavy object. Use lifting aids and proper lifting techniques when moving.



Choking hazard. Small parts – Please exercise caution if small children or pets are present.



Sharp objects may be involved. Use precaution and protection.

WARRANTY

This product comes with a one (1) year limited warranty that can be found at www.titan.fitness/warranty.html Please review the same for all details regarding the Titan Limited Warranty.

THE TITAN LIMITED WARRANTY FOUND AT WWW.TITAN.FITNESS/WARRANTY IS EXCLUSIVE AND IS IN LIEU OF ALL OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE, EACH OF WHICH IS HEREBY DISCLAIMED.



NEED HELP? CONTACT US FIRST.

1-888-410-1503

info@titan.fitness
www.titan.fitness

© 2025 Titan Brands