TITAN FITNESS



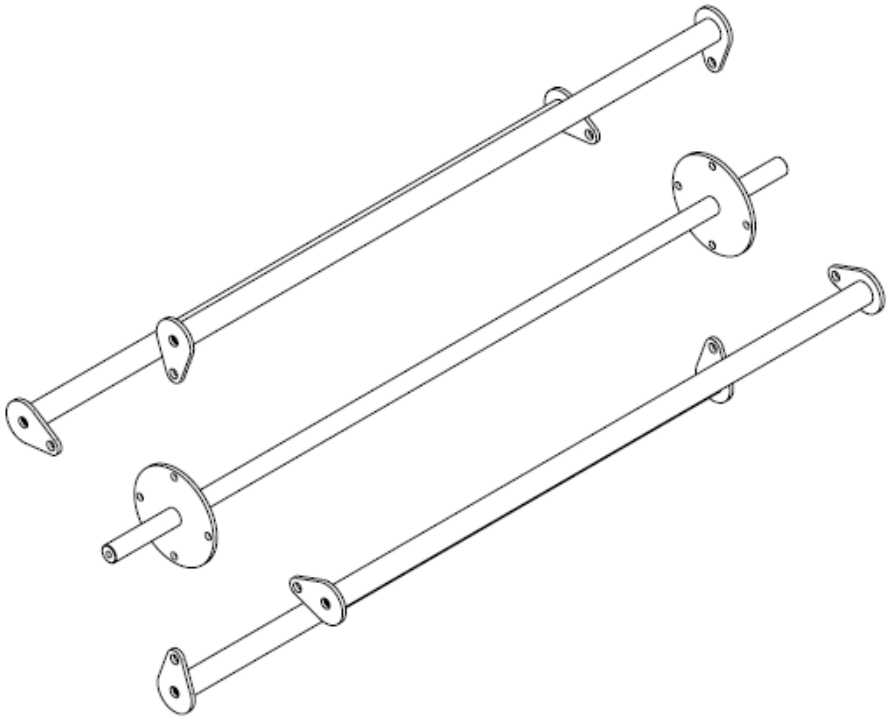
OWNER'S MANUAL

MPN(s): TITANRVLFRM-RVLPUB, TITANRVLFRM-RVLPUBFAT

SKU(s): 401309, 401307

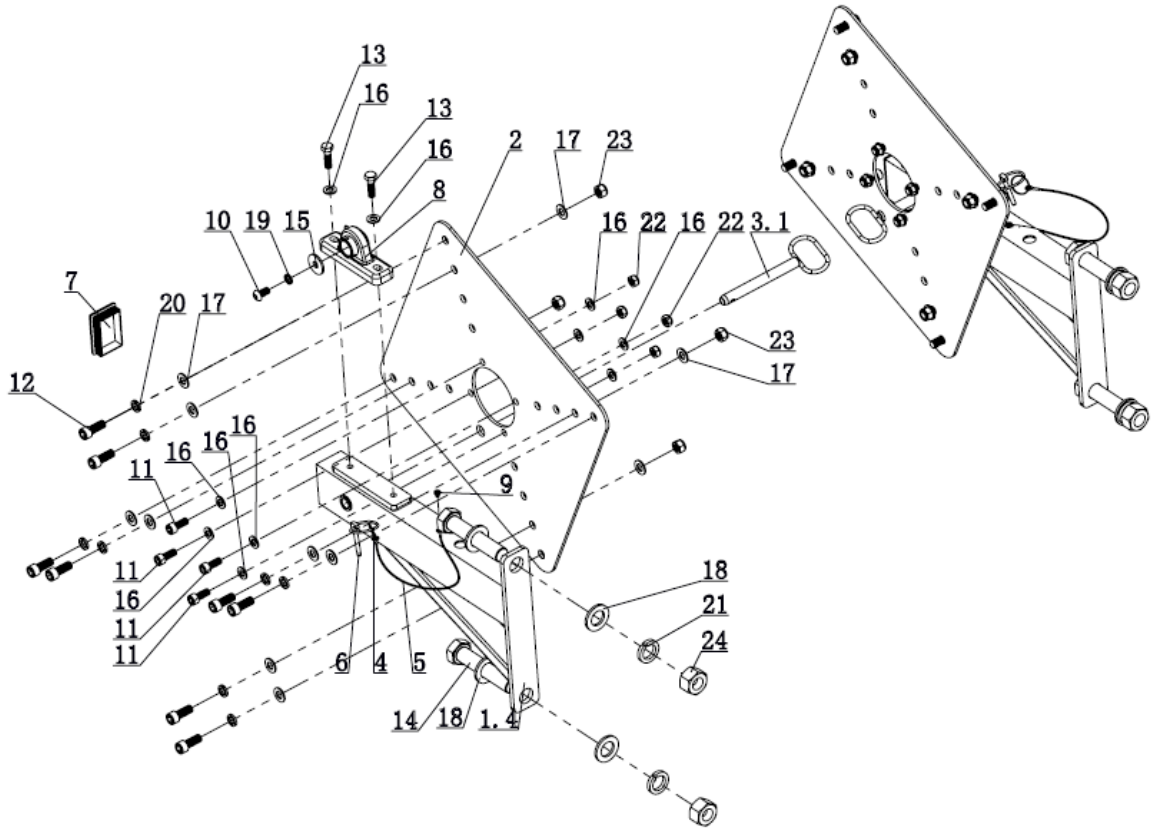
UPC(s): 840009216411, 840009216398

PARTS DIAGRAM / EXPLODED VIEW



KEY	BOX	DESCRIPTION	QTY
(25)	2	ROTATING SHAFT	2
(26)	2	1.25” OR 2” PULL-UP BARS	4

PARTS DIAGRAM / EXPLODED VIEW

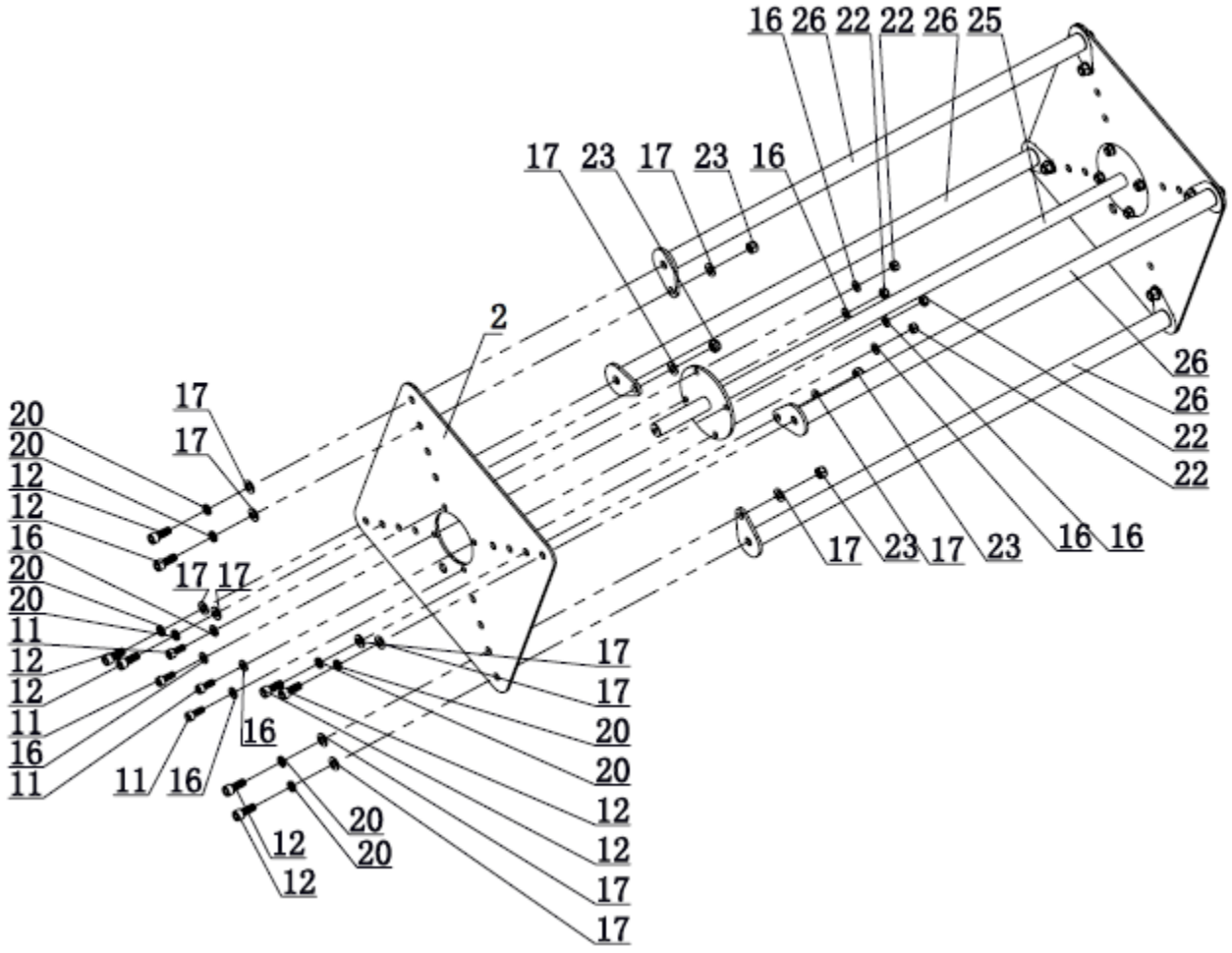


KEY	BOX	DESCRIPTION	QTY	KEY	BOX	DESCRIPTION	QTY
(1)	1	Fixing Frame	2	(13)	1	Hex Bolt M10*35	4
(2)	1	Side Plate	2	(14)	1	Hex Bolt M24*120	4
(3)	1	Pin	2	(15)	1	Flat WasherΦ11*Φ34*3	2
(4)	1	Pull Ring Φ1.5*31	2	(16)	1	Flat WasherΦ11*Φ20*2	20
(5)	1	Cable Φ5.5*Φ1.6*330	2	(17)	1	Flat WasherΦ13.5*Φ24*2.5	24
(6)	1	Small Pin Φ6*45	2	(18)	1	Flat WasherΦ26*Φ44*4	8
(7)	1	End Cap 50*75*3	2	(19)	1	Spring Washer Φ10	2
(8)	1	UCP205 Ball Bearing	2	(20)	1	Spring Washer Φ12	16
(9)	1	Cross Recess Head Screw M5*6	2	(21)	1	Spring Washer Φ24	4
(10)	1	Pan Head, Allen Bolt M10*20	2	(22)	1	Nut M10	8
(11)	1	Button Head Screw M10*25	8	(23)	1	Nut M12	8
(12)	1	Button Head Screw M12*30	16	(24)	1	Flat Nut M24	4

STEP 1

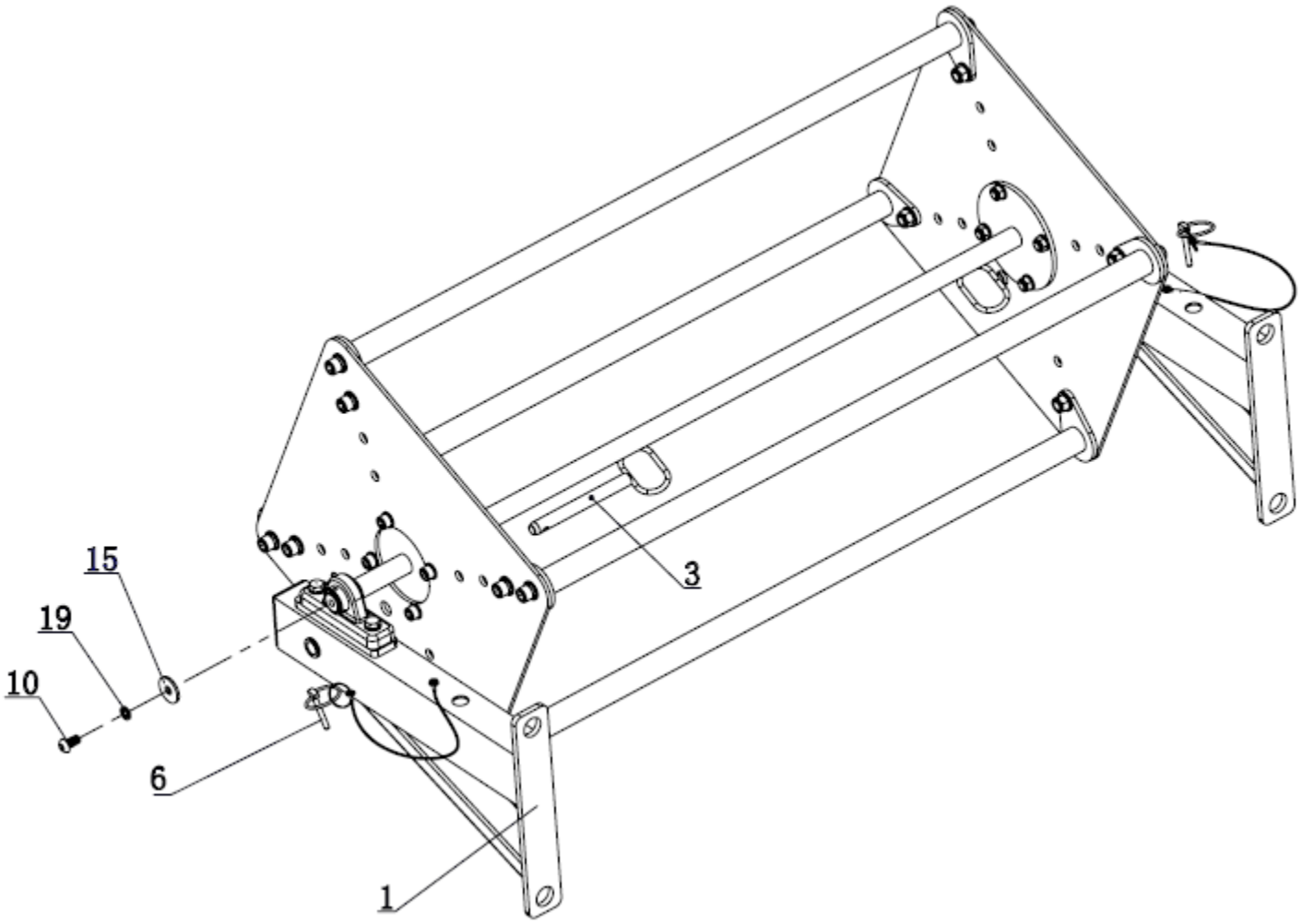
1. Connect Side Plate (2) and Rotating Shaft (26), using Flat Washer Φ11*Φ20*2 (16), Nut M10(22), and Button Head Screw M10*25 (11).
2. Connect Side Plate (2) and Pull Up Bar (27), using Flat Washer Φ13.5*Φ24*2.5 (17), Nut M12(23), Spring Washer Φ12(20) and Button Head Screw M12*30 (12).

DON'T TIGHTEN THE BOLTS.



STEP 2

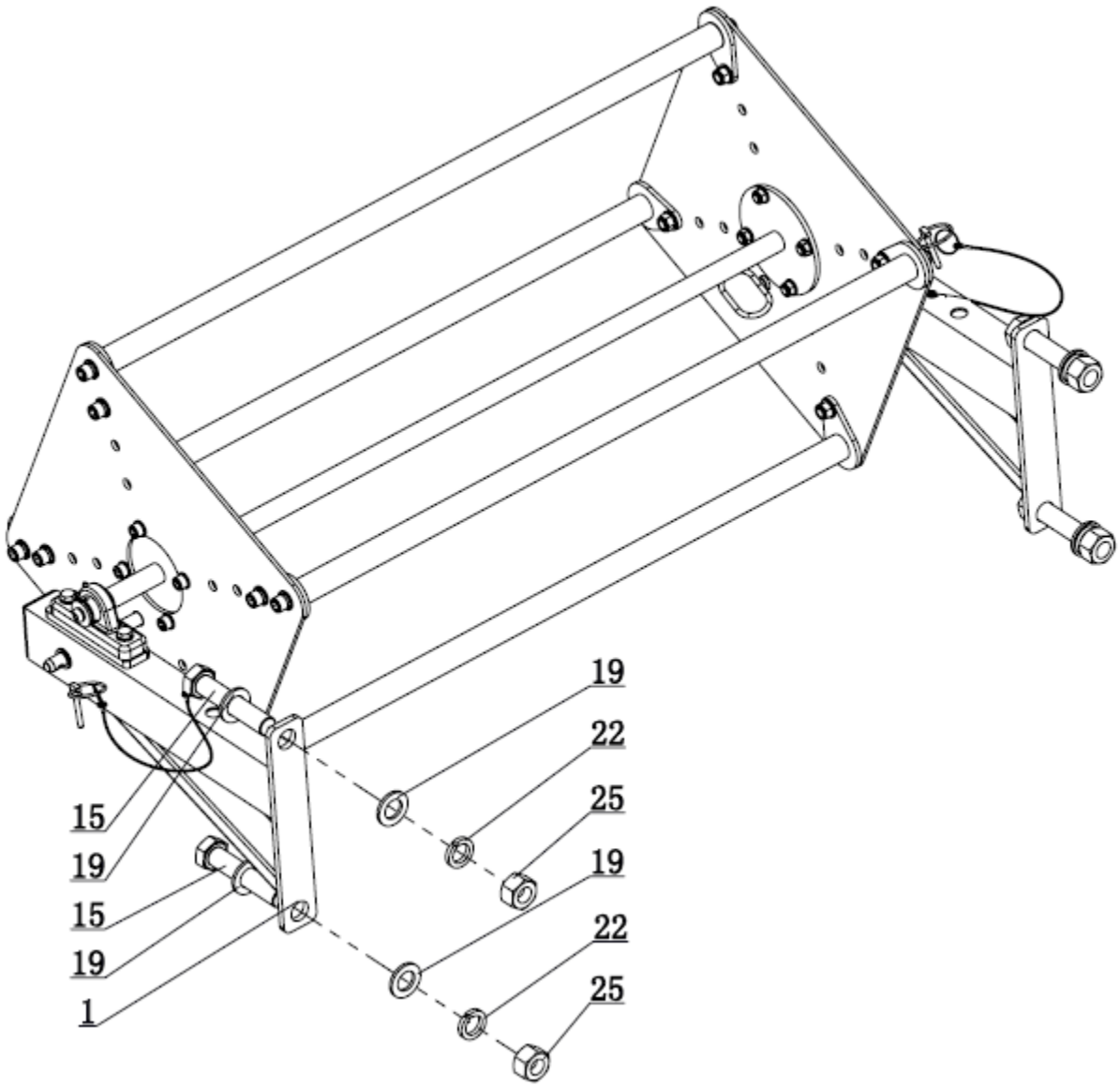
1. Fixing the step 1 on the Fixing Frame (1), using Flat Washer Φ11*Φ34*3 (15), Spring Washer Φ10(19) and Pan Head, Allen Bolt M10*20 (10).
2. Insert the Pin (3) into the Side Plate (2) and Fixing Frame (1) from the inside, then fixing by the Small pin (6).
3. Adjust the product to level, tighten all the Bolts on Step 1.



STEP 3

1. Install the Step 2 on Power Rack, using Flat Washer Φ26*Φ44*4(19), Hex Bolt M24*120 (15), Spring Washer Φ24 (22) and Nut M24 (25).

FINALLY TIGHTEN THE SCREWS ON THE BALL BEARING (8).





This concludes the TITANRVLFRM

Owner's Manual.

If applicable to your product, make sure to tighten all nut-and-bolt combinations before use.

Enjoy!

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

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