

TBR50 T-Bar Row / Landmine Base



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The versatile Body-Solid Tools TBR50 T-Bar Row / Landmine Base can be used for several landmine-based workouts including presses, rows, squats, deadlifts, ab rolls and more. Built with heavy-gauge steel, the Body-Solid Tools TBR50 T-Bar Row / Landmine Base is built to withstand the toughest workouts. The TBR50's pivot sleeve features a free-flowing 360-degree swivel and is built to accommodate any Olympic barbell. The Body-Solid Tools TBR50 T-Bar Row / Landmine Base can be bolted to the floor for secure workouts or kept unbolted for portability. Additional features include a rope anchor for attaching Body-Solid Tools Fitness Ropes adding even more workout versatility to the T-Bar Row / Landmine Base.

Special Features

- For use with landmine workouts including presses, rows, squats, deadlifts and more
- Heavy-gauge steel construction
- Free-flowing 360-degree pivot sleeve
- Accommodates any Olympic barbell
- Bolt to floor for stability or keep unbolted for portability
- Rope anchor for attaching fitness ropes