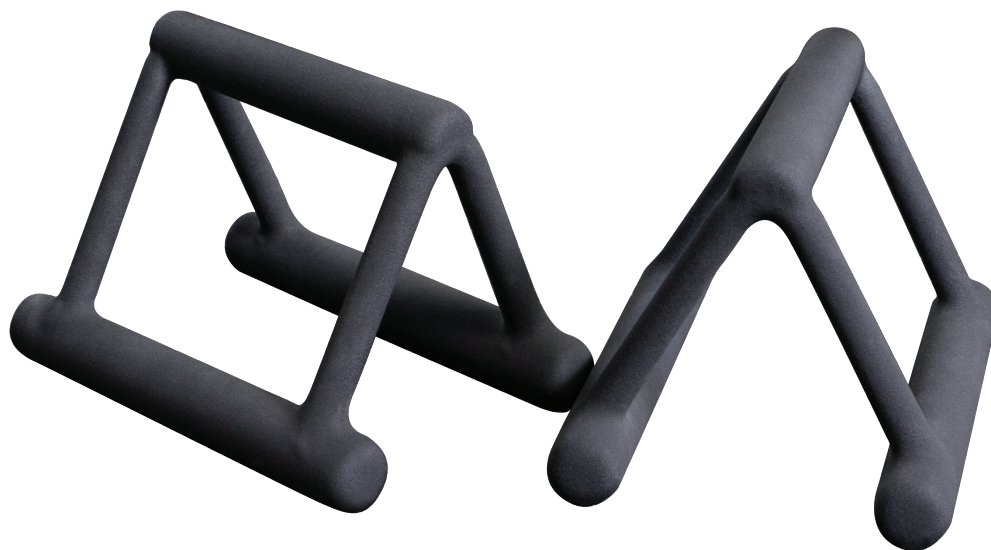


PUB5 Premium Push Up Bars



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The PUB5 Premium Push Up Bars can take your push up exercise to a higher and more rewarding level. These workhorses are built with a solid steel frame covered with a textured non-slip neoprene coating for added comfort and ease of use. Suitable for core fitness exercises these Premium Push Up Bars will serve for many years to come in both the home and commercial markets.

Special Features

- Engages chest, arms, shoulder, back & core muscles
- Offers a wide range of position and movement possibilities
- Perform push-ups with multiple grips, mountain climbers, triceps dips and more
- Greater range of motion and deeper stretch than a standard push-up
- Compact design for easy storage and transportation
- No assembly required, No joints, welds or pieces