

GCBT-STK

Pro-Select Biceps & Triceps Machine

Body-Solid®
Built for Life



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This unique cam design features intelligent dual function capabilities for the price of one. The biceps and triceps machine features a wide range of adjustability from a 7 position seat adjustment to 28 different starting positions ensuring full range of motion. The bicep curl pivots and rotates to accommodate forearm length while reducing wrist stress. Positioned at a 30 degree angle the arm stabilization pad allows proper joint alignment without elbow pressure on the pad. Pull the large pop pin to lower the lifting arm and grab hold of the rotating v-bar handle for the bicep curl exercise. Now adjust the lifting arm upward and lock it in for a quality triceps pressdown.

Weight: 416 lbs
Dimensions: 58"W x 64"L x 70"H

Standard with 210lb stack – optional 310lb stack upgrade

Special Features

- Multi grip handle positions
- Ultra thick Duraform upholstery
- 7 position seat adjustment
- 28 hole adjustment for a full range of motion
- Arm pad positioned at 30 degree angle for precise biomechanical movement
- Combination 2"x2" and 2"x4" steel frame
- Adjustable lifting arm cam

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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